

Picture this: On an abandoned lot in an impoverished corner of the nation's capital, hope is growing. An acre of garden blooms in a neighborhood where the last supermarket closed years ago. Community residents come here to grow and harvest, learn about healthier eating, and how to take nutrition into their own hands. Better yet, the neighbors have united to open farmers' markets for fresh produce that used to be two bus rides away. Today, 36 million Americans live in poverty. But when people come together, even a small seed of an idea can begin to change hunger to hope. For easy ways you can help, visit [www.povertyusa.org](http://www.povertyusa.org).

**POVERTY  
IN AMERICA  
WE CAN  
END IT**

**Catholic Campaign  
for Human  
Development**



**One in ten people  
goes hungry.**

**One idea helped  
change that.**

